

**Jeevak Ayurved Medical College & Hospital, Research Center
Kamalapur Chandauli (U.P.)**

Time Table for 1st Prof. BAMS (Admission Batch-2025-26) (W.e.f. - 26/11/2025- Wednesday)

| Day | 9 AM-10AM | 10 AM-11AM | 11AM- 12PM | 12PM – 1PM | 1PM- 2PM | 2PM - 3PM | 3PM- 4 PM |
|------------------|--|---|---|------------|---|---|--|
| Monday | Rachana Sharira (Dr.Nishant) (NLH) | Samhita -1 (Dr. A K Dubey) (NLH) | Samhita -1 (Dr. A K Dubey) (NLH) | Lunch | Kriya Sharir (Dr. Varsha More) (LH) | Kriya Sharir (Dr. Varsha More) (LH) | Sanskrit (Dr. Omkar) (NLH) |
| Tuesday | Rachana Sharira (Dr. Nishant) (LH) | Kriya Sharira Practical (Dr. Poornima) (NLH) | Kriya Sharira Practical (Dr. Poornima) (NLH) | Lunch | Kriya Sharir (Dr. Shipra) (LH) | Kriya Sharir (Dr. Shipra) (LH) | Sanskrit (Dr. Omkar) |
| Wednesday | Padarth Vigyan (Dr. Sushil) (LH) | Rachana Sharira (Dr. Varsha) (LH) | Rachana Sharira (Dr. Varsha) (LH) | Lunch | Kriya Sharir (Dr. Shipra) (NLH) | Kriya Sharir (Dr. Shipra) (NLH) | Sanskrit (Dr. Omkar) (NLH) |
| Thursday | Sanskrit (Mr. Saurabh) (LH) | Rachana Sharira (Dr.Nishant) (NLH) | Rachana Sharira (Dr. Nishant) (NLH) | Lunch | Samhita-1 (Dr. Sushil) (NLH) | Kriya Sharira (Dr. Poornima) (NLH) | Samhita -1 (Dr. A K Dubey) (NLH) |
| Friday | Padarth Vigyan (Dr. Sushil) (NLH) | Shavachedan (Dissection) (Dr. Varsha) (LH) | Shavachedan (Dissection) (Dr. Varsha) (NLH) | Lunch | Kriya Sharira (Dr. Poornima) (LH) | Sanskrit (Dr. Omkar) (LH) | Samhita-1 (Dr. A.K Dubey) (LH) |
| Saturday | Ayurved Itihas (Dr. Sushil) (NLH) | Shavachedan (Dissection) (Dr. Nishant) (NLH) | Shavachedan (Dissection) (Dr. Nishant) (NLH) | Lunch | Sanskrit (Mr. Saurabh) (NLH) | Sanskrit (Dr. Omkar) (LH) | Samhita-1 (Dr. A.K Dubey) (LH) |

Principal

Gopal Das Gupta

(Prof. G.D. Gupta)

Jeevak Ayurveda Medical College & Hospital Research

Note- For examination 80% attendance is compulsory (for both Theory & Practical Classes).