

CURRICULUM VITAE

Name : **DR. GOPAL DAS GUPTA**
B.A.M.S., (B.H.U.), M.D., Ph.D. Kayachikitsa (B.H.U.)
: **Principal (Professor)**
Jeevak Ayurveda Medical College & Hospital
Research Center
Dean Jeevak Group of Medical Institute
Kamalapur Chandauli (U.P.)
Director Santosh Multispecialty Hospital & Surgical Center
Parao Chandauli



My Vision for Traditional system of medicine-

My health My Medicine- Indian health Indian Medicine

From the ancient era traditional system of Medicine prevented and treated all the disease. With the evolution and involvement of Modern medical system, the part of Traditional system of Medicine was gradually reduced and became as Complementary system of medicine. Even today many of diseases which remain uncured by Modern system of medicine and their complications are increasing; those patients suffering from these diseases are getting relief by traditional system of medicine alone. Due to unseen, unstandardization of tools and medicine with lack of researches with traditional system of medicine, we are unable to claim its effect of treatment. **It will be my earnest endeavor to make Traditional system of medicine as a front line treatment with the complete system of medicine, to be taught to all Medical disciplines. I will develop new researches in all the branches of traditional system of medicine.** This will make Indian self-reliant in the health sector, exhorting exponential growth of Indian economy.

My career : A Brief Profile-

Born on 22nd July, 1981 at Karwi, Chitrakoot (U.P.). I have passed my High school and Intermediate Examination from U. P. board Allahabad. I completed my graduation (BAMS) FIRST CLASS with honor (About 75% Marks, and a total 07 Distinction), Post-graduation (MD) in Kayachikitsa (Ayurveda Medicine), in continuation Ph.D. Kayachikitsa all from B.H.U., Varanasi. I have conducted research in HIV positive patients. Sanskrita Certificate Course & Yoga Diploma courses has also been done from BHU. I have publications include **32 papers** in International & National journals of reputed and 02 books on concise concept of Charak & Sushruta. I have presented paper 09 & participated in conferences, workshop, OTP and CME 34 in International & National. Honored with many awards for participating many Medical Camps organized by NMO and other organization, I have organized AYUSHPRAGYA (An Literally competition in BHU) for 03 year.

After rendering my services as Lecture (Kayachikitsa) Cum Deputy Medical superintendent at Deshbhagat Ayurveda Medical College, Mandigovind Gadh, Punjab, I was appointed as Dean at Jeevak Group of Medical Institutions along with Assistant Professor cum Consultant at Jeevak Ayurveda Medical College & Hospital Kamalapur Chandauli (U.P.). **I have been promoted as Associate Professor then Professor finally working as Principal of Jeevak Ayurveda Medical College & Hospital.** I have worked as organizing secretary for Seminars and one week Yoga workshop on Yoga week celebration at college. I have conducted medical camps for prevention of metabolic diseases and maintenance of health at surrounding villages (Khajjoorgao, Hatherwa, Ekauni, Chandrakha & Singhitali) of our college.

I am also working as **Director & Consultant at Santosh Multispecialty Hospital & Surgical Center Parao** and treating more than 100 patients per day of Kayachikitsa & Panchakarma in OPD & IPD. I am working as scientific adviser for many pharmaceuticals company. I have been presented online seminar on many virtual conferences during **COVID** period and even after that.

My Vision for Buddhism

I was exposed with Buddhism knowledge with my subject Ayurved Ka Itihas during my BAMS that inspired me to work on it. After completion of my education I have make a foundation of **Jeevak Ayurveda Medical College & Hospital and became Dean. JEEVAK** name was given as per the name of Lord Buddha. Along with teaching of Ayurveda we are try give concept and culture of Buddhism to our students.

My Bio-Data : A Detailed Description

Personal data :

Name : **DR. GOPAL DAS GUPTA**
B.A.M.S., M.D.(Kayachikitsa),
Ph.D.(Kayachikitsa) IMS, BHU
Principal (Professor)
Jeevak Ayurveda Medical College & Hospital
Research Center
Dean Jeevak Group of Medical Institute
Kamalapur Chandauli (U.P.)
Director Santosh Multispecialty Hospital
& Surgical Center Parao Chandauli (U.P.)

Father's Name : Late Shiv Prasad Kesharwani
Mother's Name : Late Indrani Kesharwani
Date of Birth : 22nd July 1981
Age : 39 years & 06 months as on 31st December, 2020.
Place of Birth : Karwi, Chitrakoot (U.P.)
Nationality : Indian

Marital Status : Married
Wife Name : Dr. Rashmi Gupta
B.A.M.S., M.S., PhD (Shalya Tantra),
IMS BHU
Associate Professor, Dept. of Shalya Tantra,
IMS, BHU
Present Address : 135/1 Shankar Nagar Colony
Samneghat, Lanka Varanasi – U.P.
Permanent Address : Shankar Bazar Karwi, Chitrakoot
Mobile No. : 8604551876
E-mail : gopaldasguptabhu@gmail.com
Languages Known : Hindi, English & Sanskrit
Registration No. : 51445

Educational Qualifications :

S.No.	Examination Passed	Year of passing	Board and University	% Marks Obtained	Division	Distinction
1.	Ph.D(Ay) Kayachikitsa	Enrolled on 2009	Faculty of Ayurveda I.M.S., B.H.U.	Completed 2012 & Degree awarded 2013		
2.	Post Graduation					
	M.D (Ay) Preliminary	2007	Faculty of Ayurveda I.M.S., B.H.U.	67.00	First	
	M.D (Ay) Final	2009	Faculty of Ayurveda I.M.S., B.H.U.	Passed		
3.	Graduation					
	B.A.M.S.- I	2001	Faculty of Ayurveda I.M.S., B.H.U.	74.27	First	3-Ayurveda Itihas, Asthanga Sangrah, Sanskrit
	B.A.M.S. – II	2003	Faculty of Ayurveda I.M.S., B.H.U.	71.88	First	1-Dravyaguna
	B.A.M.S. – III	2005	Faculty of Ayurveda I.M.S., B.H.U.	75.13	First	3-Shalyatantra, Shalakyatantra, Prasutitantra & Striroga
4.	Secondary & Higher Secondary-					
	Intermediate	1998	U.P. Board Allahabad	64.50	First	

	High School	1996	U.P. Board Allahabad	56.00	Second	
5.	Extra Qualification					
	Yoga Certificate course	2002	Banaras Hindu University Varanasi.	Completed 2002		
	Diploma in Yoga	2008	Banaras Hindu University Varanasi.	58.00	Second	
	Sanskrit Certificate course	2008	S.V.D.V. Banaras Hindu University Varanasi.	64.00	First	

M.D.Thesis :

Clinical evaluation of Shilajita Rasayana in case of HIV Positive patients.

Ph.D.Thesis :

“Further Clinical evaluation of Shilajit-As A Single drug in case of HIV Positive patients”

Appointment Held-

S. No.	Post	From	Upto	Institute
1	Research Experience	November 2009	December 2012	Dept of Kayachikitsa IMS, BHU
2	Lecturer	February 2013	August 2015	Deshbhagat Ayurved Medical College Govindgad Panjab
3	Consultant	August 2015	Till now	Jeevak Ayurveda Hospital Chandauli
4	Assistant Professor	August 2015	October 2018	Jeevak Ayurveda Medical College & Hospital & Research Chandauli
5	Associate Professor	November 2018	December 2019	Jeevak Ayurveda Medical College & Hospital & Research Chandauli
6	Professor	December 2019	Till now	Jeevak Ayurveda Medical College & Hospital & Research Chandauli

Administrative experience-

S. No.	Post	From	Upto	Institute
1	Deputy Medical Superintendent	February 2013	August 2015	Deshbhagat Ayurved Medical College Govindgad Panjab
2	Dean Jeevak Group of Medical Institutions	August 2015	Till now	Jeevak Paramedical Institute & Jeevak Ayurveda Medical College & Hospital & Research Chandauli
3	Principal	October 2020	Till now	Jeevak Ayurveda Medical College & Hospital & Research Chandauli
4	Director	February 2020	Till now	Santosh Multispecialty Hospital & Surgical Center Parao, Chandauli

Total Experience- Research Experience-3Yr, & Administrative Experience-8 yr = 11yr

Publications :

Paper Published :- 32

International Publication-16

1. Hepato-Protective effect of Triphala in infective hepatitis (Hepatitis B)- **Ayu-vol 29, No.- 3- 2008 (Jamnagar)**
2. Conceptual Study of Pathology and management of Intracranial haemorrhage - **Ayurveda Sameekshawa II/IV 2008 Pages : 303-305 From Srilanka - 2008**
3. "Clinical evaluation of Shilajatu Rasayan in HIV infection"- **Ayu Journal AYU,Vol.31,Issue No.1(Jan.-March)2010 Jamanagar.**
4. "Effect of Rohitakadhya churna in chronic cholecystitis & cholelithiasis Patients with Histopathological changes in Gall Bladder mucosa" (**Emerging Research, ISSN: 2348-5590, Vol. 2, issue-1, Jan-March 2015, Mathura International conference 31st March 2015**)
5. "Concept of Gallbladder and chronic cholecystitis and biliary lithiasis in Ayurveda"(IAMJ-**International Ayurvedic Medical Journal, ISSN:2320 5091 volume 3,Issue 5, May2015**)
6. "Importance of Diet (Aahar) and Life Style (Vihar) In Anorectal Disorders (Gudroga)" (**IAMJ-International Ayurvedic Medical Journal, ISSN:2320 5091 Volume 3, Issue 7, July 2015**)
7. "A Study on Clinical Management of Osteoarthritis with Dashamoola Taila Vasti" (**AAMJ) Anveshna Ayurvedic Medical Journal ISSN: 2395-4159 AAMJ / Vol. 1 / Issue 4 / July – Aug 2015**
8. "An Ayurvedic Approach to Migraine with Godanti" (**FLORA JOURNAL) International Journal of Herbal Medicine 2015; 3(2): E-ISSN: 2321-2187 P-ISSN: 2394-0514**
9. "Biochemical Study of Guggul in Case of Adolescent Obesity" (**PHYTOCHEMICAL JOURNAL) Journal of Pharmacognosy and Phytochemistry 2015; 4(2): 205-207 E-ISSN: 2278-4136P-ISSN: 2349-8234 JPP 2015; 4(2): 205-207**
10. "A Case Study of Rohitakadhya Churna & Phaltrikadi Kwath on Chronic Cholecystitis & Cholelithiasis Patient With Radiological Finding" (**proceedings of International Conference on Tantra Sharir, Kundalini YOGA & Psychosomatic Disorders 2015, 27-28th sept 2015, ISBN- 978-81-7637-361-6**)
11. "Medical Nutritional Therapy (Shilajit) And Excesise For Prevention And Treatment Of Micro And Macro Vascular Complication Of Type-2 Dm" (**Internationaljournal-Worldjournal of pharmacy and pharmaceutical sciences,Vol-5,issue4, 994-1003, ISSN 2278-4357**)
12. "Advancement In Treatment Of Fistula In Ano (Bhagander) Versus Ksharsutra Therapy" (**Anesthesia International Conference 9-10th April 2016**)

13. An Ayurvedic Management (Diet& Yoga) In Case Of Obesity (**IAMJ- International Ayurvedic Medical Journal, ISSN:2320 5091 Volume 4; Issue 10; October- 2016**)
- 14.“Anti Lithogenic Effect of *Rohitakadhya extract* and *Phaltrikadi* decoction on Swiss Albino Mice”(IJCR-International journal of current research, ISSN: 0975-833X, Vol. 9, Issue, 01, pp.44958-44961, January, 2017)
- 15.“Role of Ayurvedic Compound in chronic cholecystitis & cholelithiasis Patients” (IJCR- International journal of current research, ISSN: 0975-833X, Vol. 9, Issue, 05, pp.44958-44961, 31st May, 2017)
16. Gupta GD, **Gupta Rashmi**, “Oncology Explanation With Janpadodhwansa”*European Journal of Biomedical and Pharmaceutical sciences*,www.ejbps.com SJIF, ISSN 2349-8870, may 2018, Volume 5, Issue 5 227-229, Impact Factor 4.918.

National publication -16

1. “Understanding of muscular Dystrophies in Ayurveda” (**Rastriya ayurveda Vidyapeeth March- 2007**)
2. A focus on different prospective of Neoplasia and its management in Ayurveda in - 2007.
3. “Concept of Intracellular massage transmission in Ayurveda” **Nagarjuna (Kerala) April- June 2007.**
4. “Ajmoda A wonder drug” **Global Ayurveda April-May- 2009**
5. “Prevention and management of diseases by Rasayan therapy” -**Ayurvaidhyam(Keral). Vol.XXII., No.3, Feb 2009- April 2009.**
6. “Clinical and Experimental evaluation of Kutiki Churna in Hepatitis B”- **Ayurvaidhyam (Keral) Vol.XXII., No.3, Feb 2009- April 2009.**
7. “The Need of Yoga in the Era of AIDS” – **Visvya Ayurveda Parisad**, May-June2012, Page-40-46.
8. “Complementary & Alternative medicine in case of HIV Positive patient with special reference to Ayurveda”- **Recent Advancement in Ayurveda BHU.** March 2012
9. New prospect of treatment of medical and surgical diseases-“Bloodletting”-**AAIM BHU Feb 2013- ISSN 2278-8166**
10. “Pathogenesis of diseases in Ayurveda & their stages of management”-**ICGSTSMAAE - BHU 2013-ISBN 978-81-920934-1-3.**
11. “An Ayurvedic vision towards the dyslipidemia & its Hepatobiliary complication”
(**Sangyahan Sodh** Aug 2013 vol-16 no.-2/ISSN2278-8166)
12. “Biochemical study of Rohitakadhya Churna”

(Sangyahan Sodh Aug 2014 vol-17 no.-2/ISSN2278-8166)

13. Complementary and Alternative Medicine with special reference to Ayurveda as Holistic system of medicine. (**Prajna** vol-59 no.-2 year- 2013-2014)
14. "Shilajitu" As Unique drug.(**Prajñā journal** ISSN : 0554-9884, Vol. 60, No. 2, 2014-2015)
15. "Clinical Virechan Karma with Aragwadha in case of kamala (Hepatitis)" - **Vishwa Ayurveda Parisada** Dec 2013, ISSN 0976-8300.
16. "Contribution of Acharya Sushruta in Surgical Field" (**National conference on Relevance of Sushruta's concept of surgery in present Era" April 7-8th 2017**).

Book Publication-2

1. Charak Vaisista- Chaukhamba Publisher
2. Sushruta Vaisista- Chaukhamba Publisher

Conferences, Seminar, Workshops, CME & OTP attended – 34

Paper Presented - 09

International conference-1

1. 2006- 2nd world Ayurveda congress and Arogya 2006-10-12th Nov. 2006 at Pune – Presented poster presentation- Concept of Intracellular message transmission in Ayurveda.

National conference-7

2. 2003- National conference on recent advances in Ayurvedic Medicine- 5-6 March 2003- Presented a paper- Concept of Indriya Panchpanchaka in Ayurveda.
3. 2004- XXIII All Indian N.I.MACON 2004- 2- 4th January at I.M.S., B.H.U.-Presented a paper- G.I. Physiology as per Ayurveda.
4. 2006- National seminar on the Role of Panchakarma on Swasthasya Swasthya Rakshavam- 28th Oct. 2006, D.A.C. Ujjain (M.P.)
5. 2007- X National conference of association of Anesthetists of Indian Medicine- 6-7th Feb. 2007 at I.M.S., B.H.U.-Presented a paper-Enlighten of Importance of Anatomy in Ayurveda.
6. 2007- National Seminar on Guggulu -17-19 Nov.2007- NIA-2nd world congress on vedic sciences- 9-11 Feb. 2007 at B.H.U.- Presented a Paper- Role of Puskar Brahmi Guggulu in Case of Ischemic Heart Disease.
7. 2008- National Seminar on Yoga in modern life and annual Assembly of India Academy of Yoga- 18-19 Oct. 2008 at Malviya Bhawan, B.H.U.- Presented a paper The Need of Yoga in the Era of HIV.
8. 2012- NSRAFCA-2012, National Seminar on Recent Advances and Future Challenges in Ayurveda- Presented a paper- Complementary and Alternative Medicine in case of HIV Positive Patient With Special Reference to Ayurveda.

Departmental Conference-1

9. 2008- Presented a Paper in Faculty Seminar- Clinical & Experimental evaluation of Some Ayurvedic Drug in the Management of Hepatocelular Jaundice (Kamala).-26Nov.2008

Conferences & Seminar attendant

International conference-4

10. 2007- 3rd International B.H.U. Alumni meet and International seminar on “Education in the 21st century and Mahaman’s vision”- 6-7 Jan. 2007, B.H.U.
11. 2007-2nd world congress on vedic sciences- 9-11 Feb. 2007 at B.H.U.
12. 2008- 1st International and 27th national conference of NIMA- Ayurvision- 2008- 12-13th Jan. 2008 at B.H.U.
13. 2008- 3rd world conference and Arogya 2008 16-21st Dec. 2008 at NIA Jaipur

National conference-13

14. 2001- A workshop on C.C.P.R. organized by Bhartiya Sangyaharak Association (A.A.I.M.) 6th Feb. 2001 at I.M.S., B.H.U.
15. 2003- Recent Development in Atherosclerosis researches – 1-3 Dec. 2003 at I.M.S., B.H.U.
16. 2004- Workshop on Ayurveda and recent development in wound management-2-3 April 2004 at I.M.S., B.H.U.
17. 2005- Chronic disease and its management by complementary and alternative medicine (CAM)- 23-25 Sept. 2005- at I.M.S., B.H.U.
18. 2006- 23rd national conference of Ayurvedic specialists and seminar on vedanasthapak Dravyas (pain and swelling management by Ayurvedic drugs)- 12-13th Nov. 2006 at Pune.
19. 2009- AAPI Seminar on Emerging Frontier of contemporary Ayurveda- 28 Dec.2009.
20. 2010- Organicon held in Lucknow, on 14 Nov. 2010
21. 2014- CARDIABCON organized by CARDIABCON society on 8-9 Nov 2014.
22. 2015- National Conference on advances in shalya Tantra at IMS BHU on 24-25 April 2015
23. 2015- Indian society of Critical Care Medicine UP- Uttarakand chapter at IMS BHU on 2- 4th Oct 2015.
24. 2016- CARDIABCON organized by CARDIABCON society on 27-28 Feb 2016.
25. 2016- 11th Annual conference of Indian Society of Cardiology 2016 on 30 sept to 2nd oct. 2016
26. 2017- CARDIABCON organized by CARDIABCON society on 18-19 Feb 2016.

CME and OTP attendant-8

27. 2007- A.A.M.E. program for private Physicians on HIV/AIDS Prevention & treatment awareness by NACO & IMA- 25th March 2007 at I.M.S., B.H.U.

28. 2009- CME cum Workshop on Depression at KN Udappa Auditorium BHU on 25 march 2009.
29. 2010- Orientation Training Program (OTP) in Yoga –At Morarji Desai National Institute of Yoga Delhi on 23-28 Aug 2010.
30. 2013- CME organized by PMC Hospital Varanasi on 4th May 2013.
31. 2015-16 – National diabetes Education program (NDEP) 2015-16 organized by DMDEA, IADE & IMA.
32. 2016- CME for Kayachikitsa at Govt. Ayurvedic College & Hospital Varanasi on 15- 20 Oct 2016.
33. 2016- The John Hopkins University School of Medicine Participated in enduring education Program – IBS in India : shifting Paradigms in Management.
34. 2016- STEMI conclave 11th Annual conference of Indian Society of Cardiology 2016 Lucknow- 2 Oct. 2016

Extra Curricular Activity :

1. Participated in medical camp cum social cultural tour in North Eastern region of incredible India Organized by National Medical Organization -3rd March-10th May 2005.
2. Participated in medical camp cum social cultural tour in Andaman-Nicobar region of incredible India Organized by National Medical Organization -20rd Jan-28th Jan 2007.
3. Organizer of Ayur Kids Lit com. 2006. In Faculty of Ayurveda I.M.S., B.H.U.
4. Organizer of Ayur lit. com. 2007 in Faculty of Ayurveda I.M.S., B.H.U.
5. Organizer of Ayur. Pragma- 2008 in Faculty of Ayurveda I.M.S., B.H.U.
6. Awarded as winner in cricket on Annual sports day of I.M.S., B.H.U. 2006.
7. Awarded at IInd placed in 500 meter race on Annual Athletic meet I.M.S., B.H.U. 2005-2006.
8. As Rapporteur in National Conference on advances in shalya Tantra at IMS BHU on 24-25 April 2015.
9. Organizing secretary of weekly seminar held at Jeevak Ayurved medical college & Hospital, research center Chandauli UP in year 2018, 2019.

Date-
Place-

Gopal Das Gupta